

24/5 HOURS

Sun 5/8 at noon -Fri 5/13 at 6 pm

Sat 5/14 noon - 8 pm

Sun 5/15 at 10 am -Fri 5/20 at 7 pm

> SUMMER HOURS Starting 5/21

Mon-Fri 8 am - 4:30 pm Sat-Sun Closed Closed on holidays

CHESAPEAKE STUDIES

SU is sponsoring an interdisciplinary Chesapeake Studies conference, "Chesapeake Studies: Change and Continuity in America's Estuary," on June 1-3. The first day is just an evening reception at the Ward Museum. June 2 is the main day of the conference, with on-campus presentations by scholars in the humanities, sciences, and social sciences. The conference concludes with optional field trips on June 3. The conference is FREE for SU faculty, staff, and students, but registration is required (field trips are not included in the free registration). See chesapeakestudies.org to register.

De-Stress Activities at the GAC

We know the end of the semester and finals week are stressful times for you. We've planned some activities and treats to try to help you relax a bit. We will once again have our Relaxation Station on the 4th floor, with puzzles, Legos, and coloring books, plus at selected times hot beverages and treats. New this semester, we will have an obstacle course set up on the GAC's Red Square terrace to give you a little bit of fun exercise. And the Finals Fairy will be making



her appearance during finals week, hiding prizes around the Academic Commons several times each day (follow her on the Libraries' social media) with a grand prize of an Amazon Kindle. Please always remember that while we want you to do well, your worth as a human being does not depend on your grades.



Undergraduate Research Prize

Congratulations to Josh Arinze, who is the juniorsenior winner of the SU Libraries Undergraduate Research Prize for 2022 for his SOWK 490 website and podcasts, "Realities in Mental Health for Latinx Sexual

Minority Youth." The URL is <u>https://crinze1.wixsite.com/latinxsmypsych</u>. The prize is \$250. We didn't have any submissions in the freshman/sophomore category—now don't you wish you'd submitted something?

Did You Know? Did you know that a search for "stress management" in the Medline with Full Text database leads to more than 9,600 results, including "Moderators of the efficacy of a web-based stress management intervention for college students" from the *Journal of Counseling Psychology* and 899 other articles dealing with students and stress management? Check out this and other databases available in our A-to-Z Database list.

SU is an Equal Opportunity/AA/Title IX university and provides reasonable accommodation given sufficient notice to the University office or staff sponsoring the event or program. For more information regarding SU's policies and procedures, please visit <u>www.salisbury.edu/equity</u>.