

Department of Secondary & Physical Education: Athletic Coaching Minor

Seidel School of Education

About the Program

The Department of Secondary and Physical Education offers the athletic coaching minor for those individuals who are interested in pursuing a position in coaching. Salisbury University minors require the completion of at least 18 credits with grades of C or better. At least 15 credits applied toward the minor must be coursework that is not used to satisfy General Education requirements. At least 9 credits must be earned at Salisbury University. The minor requires the completion of courses covering the following topics:

- Learning Leadership
- Injury Prevention and Emergency Management
- Strength Training and Program Design
- Athletic Coaching
- Coaching Youth Sports
- Psychosocial Aspects of Physical Education

Why Choose the Athletic Coaching Minor?

- Increase your foundational knowledge and skill set that are essential for coaching in the 21st century.
- Guide student-athletes in learning sport-specific, tactical and life skills.
- Help student-athletes develop healthy bodies and positive self-images while promoting positive discipline both on and off the playing field.
- Learn research-proven strategies to involve parents and guardians in positive ways.
- Develop the leadership skills and behaviors for achieving extraordinary outcomes as a transformational coach.
- Learn sport-specific strength training techniques to complement training goals and progression enhancement for individual student-athletes.
- Salisbury University has exemplary relationships with Professional Development School partners for clinical placements.
- Salisbury University programs are nationally accredited and approved by the Maryland State Department of Education.
- Employment of coaches is projected to grow 13% from 2016 to 2026, faster than the average for all occupations. Rising participation in youth, high school and college sports will increase the demand for coaches.*
- High school enrollment is projected to increase over the next decade, resulting in a rise in the number of student athletes.
- As schools offer more athletic programs and as more students participate in sports, the demand for coaches will increase.
- Coaching candidates who have a degree or are state certified to teach have greater prospects for being hired as a high school coach. The need to replace high school coaches also increases job opportunities.

*Source: Bureau of Labor Statistics (2018). Occupational outlook handbook.



CONTACT INFORMATION

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salisbury.edu/athletic-coaching-minor

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