

# Fridays with the Flock

Learning resources from the Salisbury University HR Team



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## Welcome to Fridays with the Flock!

Join us for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!



## Can You Hear Me Now?

"Maybe your boss isn't listening to you – or maybe your approach needs some fine tuning." In this article from Lifehacker, learn how to [get your ideas heard](#) at work.



## Implicit Bias Training

Join the University System of Maryland (USM) Foundation for a free virtual webinar **Implicit Bias: The Hidden Bias of Good People** on **Thursday, February 16**, at 10 a.m. "Our brains are wired to find shortcuts. Those shortcuts, however, can pair information together we aren't aware of or didn't mean to link together. When our unconscious or implicit biases differ from what we consciously think or believe, what can we do about that?" [RSVP here](#) to learn more and be sure to request supervisor approval prior to attending.



## Performance Review Workshops

The USM Learning and Talent Development Committee is partnering with EAP provider ComPsych to provide all USM employees a free, half-day conference on **Thursday, March 2**, to set you up for success in the upcoming performance review cycle this spring. [RSVP here](#) to view all six workshop options and register today! By registering, you will also have access to view the workshop recordings at a later date. Please request supervisor approval to attend the live sessions on March 2.



## LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

### Speaking Up at Work



### Addressing Unconscious Bias as a Leader



Effective teamwork begins  
and ends with *communication*.

– Mike Krzyzewski

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