

Fridays with the Flock

Weekly learning resources from the Salisbury University HR Team



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Welcome to Fridays with the Flock!

Join us for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!



How to be Prepared for Anything

Learn the [fundamental tools](#) to get through any of life's challenges – whether it be a natural disaster or a life crisis – in this NPR Life Kit interview with legendary adventurer, survival expert and TV host Bear Grylls.



CLICK OR SCAN

Lead with Questions, Not Answers

"If you consistently demonstrate a question-first mindset, you'll help establish an overall culture of curiosity and learning that will keep your team innovating and responding to challenges effectively." [Learn more](#) in this *Harvard Business Review* Management Tip of the Week.



Thrive Thursday Training

In partnership with the University of Maryland College Park, we are happy to offer this virtual training session, free to all University System of Maryland employees! Register for [Managing Change](#) to be held on Thursday, September 29, via Zoom. Learn about common reactions and emotions that accompany change, and how to successfully navigate them. Be sure to contact your supervisor for approval prior to attending this session.



LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

[Sunday Habits for a Better Work Week](#)



[Coaching Your Team to Think and Act Strategically](#)



“Success is not the absence of failure; it's the *persistence* through failure.”

– Aisha Tyler

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