

# Fridays with the Flock

Weekly learning resources from the Salisbury University HR Team



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## Welcome to Fridays with the Flock!

Join us each week for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!



## Random Acts of Kindness Week

Celebrate Random Acts of Kindness Week next week by using [these ideas](#) as inspiration for creative ways to help your community or make someone's day! Visit [#kindSBY](#) to learn more about a local grassroots initiative doing great things right here in Salisbury.



CLICK OR SCAN



## Why Radical Generosity Is Good Business

Radical generosity – the practice of giving freely without expecting anything in return – is catching on in both personal and professional settings. Learn how [this approach](#) to relationship building can yield immeasurable benefits to both giver and receiver.



## Thrive Thursday Training

In partnership with University of Maryland College Park, we are excited to offer a monthly training webinar free to all University System of Maryland employees! Register for the next session, [Bring Forward the Best of You: Crafting Your Work](#), to be held on Thursday, February 17. (Please request supervisor approval before registering for any training during work hours.)



## LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

[Social Success at Work](#)



[Leading and Working in Teams](#)



[Aligning your Values with Work, Life and Everything in Between](#)



**Kind** words can be short and easy to speak, but their echoes are truly **endless**.

– Mother Teresa



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