

Fridays with the Flock

Learning resources from the Salisbury University HR Team



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Welcome to Fridays with the Flock!

Join us for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!

Bringing Out the Best in Others

ComPsych GuidanceResources is offering the free virtual webinar **Bringing Out the Best in Others** on Wednesday, August 9, at noon. In this workshop, you'll learn how to inspire others to be their best! Identify what motivates people, understand the impact of your attitude on others, and learn how to give effective feedback for growth.

Register here – we look forward to your participation (with supervisor approval).



CLICK OR SCAN

Take a Vacation to Improve Well-Being

This *Harvard Business Review* article reminds us just how important it is to take time for relaxation. Read on to learn the **positive impacts** to our minds, bodies and souls that a vacation (or staycation) can provide. Then be sure to make a plan to enjoy these last few weeks of summer!



Professional Development Week Returns September 18-22

The University System of Maryland presents the third annual Professional Development Week virtual conference from September 18-22. This year's theme *Fall Into Success: Inspire. Innovate. Lead!* promises to be a week of inspiring keynote panelists, engaging workshops and networking with colleagues from across the system! **RSVP here** to claim your seat today.



LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

Nano Tips for Interpersonal Communication



Improving Your Focus



When we seek to discover the best in others,
we somehow bring out the best in ourselves.

– William Arthur Ward

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Holloway Hall (HH) 153
humanresources@salisbury.edu