

Fridays with the Flock

Learning resources from the Salisbury University HR Team



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Welcome to Fridays with the Flock!

Join us for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!



What are Your Core Values?

For a simple way to understand your personal values and core motivations, look no further than [Schwartz's value wheel](#). This comprehensive tool developed by psychologist Shalom Schwartz, consists of 10 universal values and allows you to rank them in importance to help you live more intentionally in line with what you value most.



WAIT for Better Dialogue

Find out how the [WAIT model](#) can help you communicate more effectively in both personal and professional settings. Try this strategy at your next meeting and notice the difference!



Empower Your Team to Solve Problems

In this *Harvard Business Review* [Management Tip of the Week](#), learn how to “support your team, delegate more effectively, and let go of feeling personally responsible for every decision.”



LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

[Driving Your Own Engagement at Work](#)



[Delegating Tasks](#)



Your *core values* are the deeply held beliefs that authentically describe your soul.

– John C. Maxwell

Make Tomorrow Yours ›

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HUMAN RESOURCES OFFICE
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Holloway Hall (HH) 153
humanresources@salisbury.edu