

Nursing Notes

SALISBURY UNIVERSITY WINTER 2015

CONGRATULATIONS TO THE FIRST D.N.P. GRADUATES!

Eight students were awarded the Doctor of Nursing Practice in May 2015. The first doctoral degree program at Salisbury University, the curriculum includes courses in evidence-based practice, health care finance and public policy, as well as 1,000 clinical practice hours. Over the final three semesters, all students developed, implemented, evaluated and disseminated the outcomes of a D.N.P. project. The projects included a broad array of topics chosen by the student in consultation with their D.N.P. Project Committee as follows:

KIMBERLY ALLEN

Design of a Medical Triage Evidence-Based Clinical Management Protocol and Implementation of Medical Triage On-Line Training for Use by Mission of Mercy Volunteers

ANNETTE BARNES

Implementing Non-Laboratory Framingham Cardiovascular Disease (CVD) Risk Assessment of Commercial Drivers (CD) examined in Occupational Medicine

KATHRYN FIDDLER

Utilization of a Process Improvement Model to Improve Post-Discharge Patient Follow-Up with Primary Care Providers

STACEY KRAM

Implementation of the ABCDE Bundle to Improve Patient Outcomes in the Intensive Care Unit

AARON SEBACH

Development of a Nurse Practitioner-Managed Preoperative Evaluation Clinic within a Multispecialty Orthopedic Practice

AMY STAFFORD

Implementation of the Teach-Back Method to Improve Medication Communication in an Inpatient Hospital Setting

LISA TAYMAN

Developing a Skin Cancer Prevention Program for School-aged Children

HEATHER WESTERFIELD

Transitioning to Bedside Shift Report in a Community Hospital System



Pictured are (first row from left) Kathryn Fiddler, Annette Barnes, Lisa Tayman, Kimberly Allen, (second row from left) Amy Stafford, Heather Westerfield, Aaron Sebach and Stacey Kram.

GREETINGS FROM THE CHAIR

Salisbury University Nursing: A Center of Excellence!

Continuing the fine tradition of exceptional education, the accomplishments of SU Nursing Department faculty, students and alumni are simply off the charts! Let me share a snapshot of 2015.

- ❑ **SU confers its first doctoral degrees to our post-master's Doctor of Nursing Practice (D.N.P.) students.** Eight students received diplomas and commemorative medallions in May 2015 after completing the 38-credit post-master's option. Students were "hooded" by the chair of their Evidence Based Practice Project Committee and the dean of the Henson School of Science and Technology while the title of their D.N.P. Project was read.
- ❑ **D.N.P. accreditation site visit held April 15-17, 2015.** The department hosted a site visit of the Commission on Collegiate Nursing Education to review the D.N.P. program and post-D.N.P. certificate of completion-FNP. While the official outcome will not be known until October, the exit report was very favorable. The department anticipates receiving accreditation for the five-year maximum.
- ❑ **There are FOUR new "doctors" in the house.** Dr. Kimberly Allen received a D.N.P. in May 2015 from Salisbury University. Dr. Michell Jordan was awarded a D.N.P. from George Washington University in May 2015 and passed the FNP certification exam in December 2014. Dr. Jordan joined the faculty in fall 2013. Dr. Marguerite Russo was awarded a Ph.D. in nursing from the University of Maryland, Baltimore. Dr. Russo joined the faculty in fall 2014. Dr. Nancy Smith was awarded a D.N.P. in December 2014 from University of Maryland, Baltimore. She joined the faculty in fall 2011.
- ❑ **Eastern Shore Faculty Academy and Mentoring Initiative (ES-FAMI) receives \$2.1 million from Maryland Higher Education Commission Nurse Support II Program for five-year continuation.** This program offers a solution to the nursing faculty shortage by providing a 30-contact hour program of online and face-to-face instruction, simulated clinical teaching sessions, and mentoring workshops. Academy attendees learn how to design and manage student clinical experiences, learning theories and principles of evaluating student performance. The ES-FAMI experience emphasizes recruitment of a culturally, ethnically and gender diverse group of faculty who are available to teach part time for one of the partner schools. Led by Drs. Jarosinski, Reid and Seldomridge, ES-FAMI graduates include 38 percent from underrepresented groups. More than 60 percent have taken a part-time teaching position with one of the three partner schools, and 22 percent have completed or enrolled in advanced degree programs. The continuation grant includes academic partners from Chesapeake and Wor-Wic colleges and practice partners from Atlantic General Hospital, Peninsula Regional Medical Center and University of Maryland Shore Regional Health System. This is the largest grant award in the history of the Nursing Department and one of the largest in University history.
- ❑ **The post-B.S.-to-D.N.P. option continues to grow.** This 80-credit program is for students with a B.S. in nursing who wish to become Family Nurse Practitioners while earning a doctoral degree. These credentials (FNP with D.N.P) will be necessary as all advanced practice nursing moves to require a doctorate. Alumni Deanna Schloemer (2008), Jordan Braniff (2012), Nalynn Holland (2013), Jean Bancroft Jaregui (2013), Michele McIntosh (2014), Chris Durham-Pressley (2014), and Brendan Glowacki, Rachel Markow and Brooke Schulz (2015) are among the students in this program.
- ❑ **1.1 million in scholarships is available for students studying to become nurse practitioners.** This Advanced Education Nursing Traineeship Grant from the U.S. Department of Health and Human Services, Health Resources and Services Administration provides up to \$22,000/year per eligible full-time student, and \$11,000/year per eligible part-time student. Trainees may use funds for stipends, textbooks, tuition and fees. Licensed professional nurses with the B.S. in nursing who meet the grant criteria are eligible to apply. Dr. Jeffrey Willey is the principal investigator on this grant.

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FACULTY NEWS

PUBLICATIONS

- **Campbell, W.** (2015). The hospital steward of the American Civil War: Pharmacist, hospital administrator, or nurse? Part 1. *The AMEDD Historian, Journal of the Army Medical Department Center of History and Heritage*, 11, 20-22.
- **Campbell, W.** (2015). The hospital steward of the American Civil War: Pharmacist, hospital administrator, or nurse? Part 2. *The AMEDD Historian, Journal of the Army Medical Department Center of History and Heritage*, 12, 6-8.
- Kram, S. L., **DiBartolo, M. C., Hinderer, K.,** & Jones, R. A. (2015). Implementation of the ABCDE bundle to improve patient outcomes in the intensive care unit in a rural community hospital. *Dimensions of Critical Care Nursing*, 34(5), 250-258.
- Lee, M. C., **Hinderer, K. A.,** & Friedmann, E. (2015). Engaging Chinese American adults in advance care planning: A community-based, culturally-sensitive seminar. *Journal of Gerontological Nursing*, 41(8), 17-21.
- **Hinderer, K. A.,** Friedmann, E., & Fins, J. J. (2015). Withdrawal of life sustaining treatment: Patient and proxy agreement. A secondary analysis of "Contracts, Covenants, and Advance Care Planning." *Dimensions of Critical Care Nursing*, 34(2), 91-9.

PRESENTATIONS

- **Dr. William Campbell** presented at the American Association for the History of Nursing's 31st Annual Conference in Hartford, CT, in September 2014 on the topic "The Hospital Steward of the American Civil War and his Relationship with Nursing."
- **Dr. Katie Hinderer** (with D.L. Wiegand) presented at the 2015 American Association of Critical Care Nurses National Teaching Institute, San Diego, CA, May 18-21, 2015. The presentation was titled "Communication, Conflict, and Care: Focus the Flame to Manage End-of-life Challenges."
- **Drs. Judy Jarosinski, Tina Reid, Katie Hinderer and Lisa Seldomridge** presented at STT's 26th International Nursing Research Congress held in San Juan, Puerto Rico in July on the topic "Developing Expert Clinicians into Clinical Faculty: A Mentoring-Teaching Experience." The team's submission was selected as one of 3 finalist for the 2015 Excellence in Educational Research Award, presented by the Sigma Theta Tau International/Chamberlain College of Nursing Center for Excellence in Nursing Education.
- **Dr. Nancy Smith** presented on the topic of "Caregiver Satisfaction of a Pediatric Telemedicine-based Diabetes Program" at the 31st Annual National Pediatric Nursing Conference held in Chicago in July.

- **Dr. Nancy Smith**, in November 2014, presented at the University of Maryland Medical Center's Ninth Annual Nurse Practitioner/Physician Assistant Regional Clinical Workshop held in Baltimore on the topic of "Caregiver Satisfaction of a Pediatric Telemedicine-based Diabetes Program."
- **Drs. Katie Hinderer and Dorothea Winter** and **Professor Kayna Freda** (with R. Joyner & D. Klima) presented on the topic of "Interprofessional Collaboration Between Two Rural Institutions: A Simulated Teaching Laboratory Paradigm" at the Regional Research Symposium, University of Maryland Eastern Shore, Princess Anne, MD, in April 2015.

OTHER FACULTY NEWS

- **Dr. Kimberly Allen** completed her D.N.P. this May as a proud member of the first graduating class of doctoral students at Salisbury University.
- **Dr. Vonnie Brown** was honored as one of the 30 Clinicians Making a Difference by the Migrant Clinicians Network (MCN). To commemorate its 30th anniversary of working to create practical solutions at the intersection of poverty, migration and health, MCN selected Dr. Brown for her over 30 years of teaching experience along with her commitment to meeting the health needs of underserved populations. Her passion for community health as both an educator and advocate, as well as her ongoing efforts to instill cultural competency in students and address the need to reduce health disparities of migrants in the region made her an excellent candidate for this prestigious award.
- **Dr. Mary DiBartolo** completed the Edmond J. Safra Visiting Nurse Faculty Program at the Parkinson's Disease Foundation this summer. This program, funded by a generous donation by Edmond J. Safra, an accomplished banker and philanthropist, was developed to train nurse educators in Parkinson's disease (PD), to in turn, educate nursing students and clinical nurses and improve overall care for persons with this common neurodegenerative disorder. The program consisted of two days of lecture by internationally known experts at Johns Hopkins Hospital in Baltimore, two clinical observations days and attendance at a Parkinson's patient/caregiver support group in the community. Participants also complete an independent project that would benefit nursing education in the Parkinson's disease and/or patient care. DiBartolo's project consisted of preparing a presentation on caring for the hospitalized person with Parkinson's disease for area hospitals.
- **Professor Kaynabess Freda** received her certification from the Board of Specialty Nursing Certification as medical surgical nurse in August.
- **Dr. Katherine Hinderer** received her certification as a nurse educator from NLN in July 2014.

CLASS NOTES

Emily Bender '15, a first degree graduate this past May, was one of three SU ROTC cadets commissioned as second lieutenants upon graduation from Salisbury University.

Rachel Sharp '14 was honored with the DAISY Award for Extraordinary Nurses at Peninsula Regional Medical Center. Rachel was nominated by a colleague who noted she was very careful, safety-conscious and always eager to help others even when she has her own work to do. Rachel works on the cardiac telemetry unit at PRMC.

Jane Rones '13 gave birth to a baby girl named Paige Lillian Rones on July 1, weighing in at 7 lbs. 11 oz.

Matthew Brown '07 completed his master's degree from George Mason University in nursing administration in May 2015. After working on the medical-surgical floor for seven years at Sibley Hospital, he accepted the position of geriatric nurse navigator within the NICHE Department (Nurses Improving the Care of Health system Elders, a national program through New York University) this past January. He is married and lives in Oakton, VA. He and his wife welcomed their first child, Marettte Isabella Brown, on January 22, 2015.

Allanna Webb '06 earned her master's degree from Bowie State University as a family nurse practitioner in spring 2010. She currently works as a nurse practitioner for CVS/Pharmacy and for an internal medicine office. She has a 1-year-old daughter, London Amirah, and lives in Annapolis, MD.

Jennifer Layman Christensen '02 received her Master of Science in 2007 from the University of Maryland School of Nursing, Acute Care Nurse Practitioner/CNS program. She worked as an acute care nurse practitioner for five years at the University of Maryland Medical Center. In November 2014, she completed the Nurse Anesthesia Program at Villanova University. She is working as a CRNA at the University of Maryland Medical Center.

Lisa Griffith Smith '85 earned her M.S.N. from University of Phoenix in 2006 and Ph.D. from Barry University in Miami in 2012. She is an associate professor of nursing at Indian River State College in Ft. Peirce, FL, and published an article titled "Teaching Critical Skills: The Influence of 3D Virtual World Simulation" in *Journal of Scholastic Inquiry* in fall 2013.

IN MEMORIAM

Jennifer Lee Evans '94 passed away on August 7 in Berlin, MD. She was employed at Atlantic General Hospital and Beebe Medical Center in Lewes, DE. She is survived by a daughter Emma Elizabeth Rickards.

Marilyn (Lynn) Seidel, a retired operating room nurse who along with her husband, endowed the Samuel and Marilyn Seidel School of Education at Salisbury University, passed away on August 21, 2015. Mrs. Seidel also provided funding to create the Seidel Nursing Scholarship, awarded each spring to an academically gifted junior-level nursing student with outstanding potential for leadership. Over 35 nursing majors have benefited from her generosity.

GLOBAL STUDENT EXPERIENCE UPDATE

In January, a group of 15 nursing students and two faculty traveled to Ecuador for a three-credit nursing course titled, Cultural Considerations in Health and Wellness. Highlights of the trip included visits to local health care agencies, a national park (El Cajas), Andes in Saraguro, ruins of Ingapirca, and tours of both Cuenca and Guayaquil. This trip is offered every other January and open to those who want to enhance their cultural competence while enjoying the spring-like climate of Ecuador. It will be offered again in January 2017 and will be led by Dr. Vonnie Brown. This trip is open to graduates, as well as current students.

In the winter term 2016, Dr. Tina Brown Reid, along with Dr. Rebecca Anthony from Social Work Department, is taking a group of 20 students from a various disciplines (nursing, social work, community health) to Cape Town, South Africa, from January 8-24. This four-credit IDIS course integrates classroom and field instruction to introduce students to key concepts of global health in South Africa, the fundamental principles of South Africa's health care systems and apartheid. Throughout the program, students have the opportunity to engage in discussions with health care professionals, other professionals of various disciplines and patients. This experiential-learning program allows students to reflect on their experiences and observe in the field what they have learned in the classroom. At present, all slots are filled for this trip.



Greetings from the Chair Continued

☐ **Eastern Shore-Western Shore Faculty Initiative (ES-WSFI) funded (\$~134K) for needs assessment.** Based on the success of the ES-FAMI program, the Maryland Higher Education Commission Nurse Support II Program has funded Drs. Jarosinski, Reid and Seldomridge to identify issues related to the statewide shortage of undergraduate and graduate clinical nursing faculty and provide direction for planning/modifying programs like ES-FAMI for implementation across the state. Nursing programs from five counties across the state will be included in this assessment.

☐ **Development of Faculty Toolkits to Teach Psych/Mental Health Nursing Skills: Using Standardized Patients to Prepare New Nurses completes Year 1.** Funded by a two-year Maryland Higher Education Commission-Nurse Support II (MHEC-NSP II) grant (\$299,983), this project expands the use of standardized patients that has been in place since 2010. Drs. Debra Webster, Judy Jarosinski and Mary DiBartolo have created a series of web-based toolkits to teach students essential skills for caring for individuals with behavioral health issues. These toolkits include learning objectives, pre-assignment activities, video vignettes of standardized patients portraying individuals with various mental health disorders, student assignments, feedback rubrics and suggested post-clinical activities. Toolkits will be available to all Maryland nursing programs to prepare students for “live” clinical experiences, to substitute for “live” clinical experiences in times of low census or lack of placements, to augment instruction for students who need additional experience to meet clinical objectives and to assure that all students have exposure to caring for those with specific mental health issues. Through the use of common learning activities across nursing programs in the state, future nurses will be better prepared to provide safe and quality care for individuals with behavioral health issues.

☐ **D.N.P. curriculum development continues supported by \$1.079 million from the Maryland Higher Education Commission NSP-II grant.** Course development and refinement continues to offer all D.N.P. courses in a distance accessible format with limited face-to-face meetings. Thirteen new students have begun study in either the post-B.S.-to-D.N.P. or post-M.S.-to-D.N.P. programs, many from the Baltimore-Washington area. With limited availability of doctoral programs in the state, SU was the first to offer the post-B.S.-to-D.N.P. option and is the perfect location for the D.N.P. program. Faculty working on this grant project include Drs. Badros, Brown, DiBartolo, Hinderer, Jarosinski, Jordan, McDowell Winter, Nutt, Rockelli, Russo, Seldomridge, Smith, Walsh, Webster, Willey, and Professors Alessandrini, Bounds and Premo-Hurt.

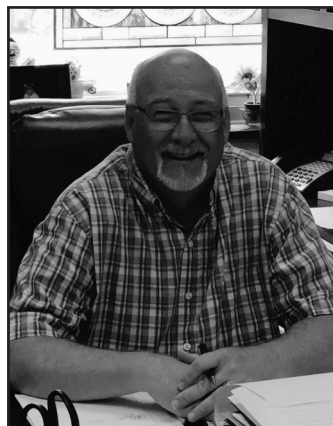
☐ **Activities at the Henson Medical Simulation Center expand with the arrival of our new birthing simulator, Lucina.** Maternal/newborn faculty led by Drs. Bracken, Nutt and Jordan were the first to use her with students in spring 2015 in simulations of “normal” deliveries. Initial reports are that Lucina is a most-welcome

addition to our sim family. The pediatric team led by Drs. Campbell and Smith continued simulations with asthma management and recognizing signs of child abuse. Under the leadership of Dr. Debra Webster, the psych/mental health standardized patient (SP) program is in its fifth year. SPs portray individuals with mental health disorders from anxiety, bipolar, PTSD, to schizophrenia, to help students improve therapeutic communication. Across specialties, simulations enable students to be full participants in very complex situations requiring exceptional, sensitive inter-professional communication.

☐ **Inter-professional education builds teamwork between nursing, respiratory care, pharmacy and physical therapy students.** Each spring, SU undergraduate nursing and respiratory care students and UMES pharmacy and physical therapy students come together to solve clinical problems and share their expertise in simulated patient care encounters. Hosted at UMES and led by Drs. Hinderer, Winter, Robert Joyner (respiratory therapy), and Professor Freda from SU, students work together to address issues with mobility, polypharmacy and altered cognition. Now in its fourth year, this experience has been featured in a recent publication of *Journal of Respiratory Care Education*.

☐ **Great study abroad trips are available every year** to Ecuador in January 2015 with Dr. Vonnie Brown and South Africa in January 2016 with Dr. Tina Reid.

☐ **Leadership changes are coming!** After seven years (13 years total) as department chair, Dr. Lisa Seldomridge stepped down effective July 1, 2015, to become director of Graduate and Second Degree Nursing Programs. Her successor is Dr. Jeffrey Willey who joined the department in a full-time capacity in 2010 after many years of part-time teaching. Dr. Willey has served most recently as director



of Graduate and Second Degree Programs securing over \$1 million in scholarships for D.N.P. students and assisting in the successful CCNE accreditation review. Dr. Willey is an experienced critical care nurse who holds certification as a legal nurse consultant. He has held positions at Nanticoke Health Services as clinical informatics specialist and corporate improvement specialist. Dr. Willey teaches graduate courses in epidemiology, informatics and quality improvement, and undergraduate courses in adult health and leadership/management.

STUDENTS AND FACULTY VOLUNTEER AT EASTERN SHORE MISSION OF MERCY EVENT

The second Eastern Shore Mission of Mercy (ESMOM) event was held at the Wicomico Youth and Civic Center April 17-18, 2015. As part of the NURS 351 clinical, a group of students of Dr. Kimberly Allen (ESMOM 2015 medical co-lead) and Dr. Mary DiBartolo participated in setting up for the event. Individuals treated at this event received x-rays a variety of dental services (including restorative, surgical and hygiene procedures) as well as vision examinations over this two-day community event. Overall, 1,300 dental services were performed on nearly 1,100 patients. Donation of time for this event well exceeded 11,000 hours from over 1,450 volunteers. Salisbury University's Nursing Department volunteers included junior and senior nursing students, as well as nursing faculty Drs. Cathy Walsh, Karen Badros and Voncelia Brown.



LUCY TULL DISTINGUISHED FACULTY

Drs. Michele Bracken and Debra Webster were selected as the Lucy Tull Distinguished Faculty for 2015. This award recognized nursing faculty for their commitment to excellence in nursing education in the health care of the region. Both are long-time faculty members of the Department of Nursing and were recognized at the Nursing Convocation ceremony in May.



SEND US YOUR NEWS!

Email any updates to: Edith Hooke at elhooke@salisbury.edu
Visit our website: www.salisbury.edu/nursing